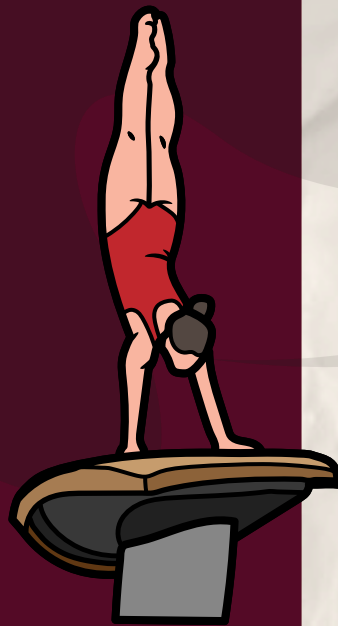


DDGC NEWS!



Important Dates

- May 3** Pro-D Day Camp (Classes as usual)
- May 4 - May 5** Invitational Tryouts
- May 4** Cowichan Sport & Recreation Fair
- May 17** Classes running as usual
- May 20** Gym and Office Closed



May 2024 Edition



Hello DDGC Community! We are so grateful and pleased with the way our ORCA Invitational went this past weekend. It was a wonderful event and we received so much positive feedback from the community.

Congratulations to all of our Athletes who competed in the event! We are so proud of their hard work and dedication to the sport we all love. We'd also like to acknowledge the team spirit we witnessed from our athletes and families. We are thankful to be among such a great community and see our athletes cheering each other on and supporting one another.

Below are some athlete scores we'd like to highlight:

CCP 2
Iris 1st AA
Gracie 2nd AA
CCP 2 team 2nd place

CCP3
Marlow 2nd AS

CCP4
Jodie 3rd AA

CCP6
Juliet 3rd AA

Excel Bronze
Mila 1st AA
Solara, Airella 2nd AA
Maylee 3rd AA

Excel Silver
Kiera 3rd AA

Excel Gold
Safire 2nd AA



COWICHAN SPORT & RECREATION FAIR



We invite you to come out and cheer on our athletes at the Cowichan Sport & Recreation fair! DDGC athletes will be demonstrating gymnastics for the community at this engaging event.

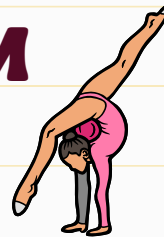
Date: Saturday May 4, 2024

Time: 11am - 3pm

Location: Cowichan Sportplex

This is free event that gives you the opportunity to discover recreational activities in your community. With prizes, food trucks, mascots and more there is sure to be something for all ages to enjoy!

INVITATIONAL TEAM TRYOUTS



Invitational Team Tryouts for our 2024-2025 Season are coming up! If you are interested in being a part of our Invitational Team next season, and will be between the ages of 5 - 12 next season, please come tryout!

Gymnasts will be tested on flexibility, physical abilities, foundational skills and must have a minimum of one year of consecutive gymnastics training.

Please see dates and times below for the corresponding age groups:

Saturday May 4th, 2024

6:30pm - 8:30pm

Ages 8 - 12

Interclub, Xcel, Competitive

Sunday May 5th, 2024

9:00am - 11:00am

Ages 5 - 7

Interclub, Xcel, Pre-competitive





SUMMER CAMPS

Summer camp registration is available now!

We have a large variety of offerings including full-day camps, morning/afternoon half-day camps as well as an Active Start camp for Tots!

Insurance is not eligible for proration and all participants must have insurance to attend.

Don't miss your chance to join the fun and participate this summer!

WEEKLY UPDATES

DON'T MISS!

Stay up to date about important announcements, upcoming dates, events, and registration info for upcoming seasons by joining our Weekly Update email list!



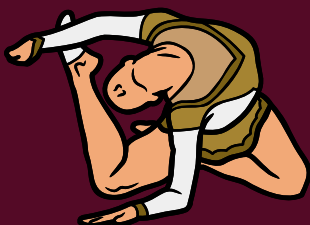
CLOTHING ORDER

We are offering another round of clothing orders if you missed the first one!

Deadline is May 31, 2024

This will be your final chance to order this season!

ORDER NOW!

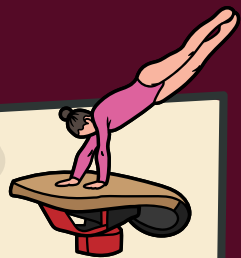
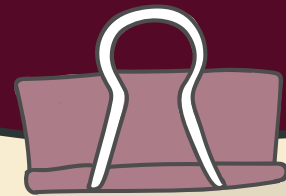


DROP INS

Active Start Drop-Ins are available on our registration calendar.

Teen+ Drop-Ins are available on Monday evenings.

All classes must be registered through an account, including drop-in classes. You can register right up until class starts so don't miss out!



ORCA



INVITATIONAL 2024

CONGRATULATIONS & THANK YOU!

Congratulations to all of our amazing athletes for their wonderful participation and successes at the 2024 Orca Invitational!

We'd like to extend a huge thank-you to all of our families, sponsors, volunteers and wider community for all your support leading up to and throughout the event!

Special thank you to Josh, Keith, Patrick, Rie, Avi and Karl.



APRIL 2024

WWW.DDGC.CA

MAY CALENDAR & IMPORTANT DATES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 	30 	1	2	3  PRO-D DAY CAMP	4  COWICHAN SPORT & REC FAIR  INVITATIONAL TEAM TRYOUTS
5  INVITATIONAL TEAM TRYOUTS	6	7	8	9	10	11
12	13	14	15 	16	17  CLASSES RUNNING AS USUAL	18
19	20  CLOSED  GYM & OFFICE CLOSED	21	22	23	24	25 
26	27	28	29	30 	31	1

